

APPETIZERS

10' GARLIC CHEESE PULL APART BREAD VG \$20

Served with marinara sauce

CEVICHE Shrimp/conch \$27 Lobster* \$32

Tomatoes, onions, cilantro, cooked in fresh-squeezed lime, served w/ fresh corn tortilla chips & habanero

**Seasonal*

CEVICHE TRIO \$35

Fish, shrimp, and conch ceviches

CHEESY FRIES VG \$18

Melted cheese, jalapeños & ranch

DUMPLINGS \$20

Pork dumplings, served w/ ginger-soy dipping sauce (8)

WONTONS VG \$18

Cream cheese and chive filling with sweet chili sauce

SHRIMP CAKE \$25

Shrimp, garlic, ginger, served over apple slaw

CHICKEN TAQUITOS \$17

Deep fried taco stuffed with chicken, cheese, served w/ our Creole sauce, topped with lettuce, pico de Gallo & queso fresco

CHEESE SQUARES VG \$20

Coated in panko breadcrumbs batter, golden fried, served w/ marinara sauce

ROASTED RED PEPPER HUMMUS VG \$18

Served w/ toasted flatbread & veggie sticks

SPINACH ARTICHOKE DIP VG \$20

Served w/ homemade corn tortilla chips & veggie sticks

TEX-MEX QUESO DIP VG \$20

Classic Tex-Mex four cheese queso served w/ corn tortilla chips

DEEP-FRIED PICKLES VG \$15

Served with chipotle ranch dressing

CHICKEN WINGS \$1.50 /wing

Buffalo, BBQ, Pineapple BBQ, Habanero, Habanero-lime, Sweet & Spicy, Ranch, Garlic butter Buffalo or Garlic-parmesan
MINIMUM OF 10 WINGS

GRILLED LEMON PEPPER WINGS \$20

12 grilled wings w/ veggie sticks & mustard dipping sauce

JALAPEÑO POPPERS 🌶️ \$25

Chicken or shrimp with cream cheese, served with aioli or mango sauce

STROMBOLIS

Served with fries

ITALIAN \$28

Ham, salami, pepperoni, marinara, parmesan & mozzarella, served with creamy Italian dipping sauce

BBQ CHICKEN \$25

Grilled chicken, red onions, cheddar & mozzarella, BBQ sauce, fresh cilantro

CHEESEBURGER \$25

Ground-beef, ketchup, mustard, Worcestershire, chopped onions, chopped pickles, mozzarella & cheddar, served with tangy mustard dipping sauce

TURKEY \$26

Turkey breast, roasted bell pepper, provolone cheese, chipotle ranch

DEEP-FRIED

Served with fries

CHICKEN FINGERS \$20

Golden-fried strips of chicken, served with homemade tangy mustard dipping sauce

POPCORN SHRIMP \$27

Shrimp lightly battered and golden-fried, served with homemade tartar sauce

FISH & CHIPS \$28

Fresh fish fillet coated in tempura and golden-fried, served with homemade tartar sauce & fresh lime

BUFFALO BITES \$20

These bites don't have those pesky bones to slow you down! Try with sweet & spicy sauce!

KIDS MENU

\$12

MAC AND CHEESE VG
CHICKEN FINGERS & FRIES
SPAGHETTI BOLOGNESE



SALADS & WRAPS

CAESAR SALAD VG \$20

Romaine, tomatoes, homemade croutons, parmesan, Caesar dressing
Add chicken (\$4) Add shrimp (\$6) Add fish (\$7)

SANDBAR SIGNATURE SALAD \$28

Mixed greens, grilled chicken, tropical fruits, feta, almonds, cucumbers, tomatoes, mango dressing

GREEK SALAD VG \$20

Tomatoes, onions, cucumbers, black olives, and feta
Add chicken (\$4) Add shrimp (\$6) Add fish (\$7)

THE COMMISH SALAD \$26

Lettuce, grilled chicken, hard boiled egg, purple cabbage, crispy bacon, tomatoes, carrots, shredded cheese, ranch dressing

QUINOA SALAD VG \$25

Tomatoes, corn, black beans, cucumbers, chickpeas, avocado, basil, Italian vinaigrette
Add chicken (\$4) Add shrimp (\$6) Add fish (\$7)

GARDEN SALAD VG \$20

Lettuce, onions, purple cabbage, tomatoes, cucumbers, creamy Italian dressing
Add chicken (\$4) Add shrimp (\$6) Add fish (\$7)

SUMMER SALAD \$28

Lettuce, fresh strawberries, basil, candied almond, goat cheese, cajun grilled shrimp

FRIED CHICKEN CLUB SALAD \$26

Romaine, tomatoes, cucumbers, cheddar, ham, egg, fried chicken, ranch dressing

SANTA FE SALAD \$25

Lime-marinated chicken, mixed greens, corn, black beans, cheese, red onions, tomatoes, tortilla strips, cilantro aioli

BUFFALO CHICKEN WRAP \$20

Deep-fried chicken strips, lettuce, tomatoes, ranch or blue cheese dressing, served with fries

CHICKEN CAESAR WRAP \$22

Grilled chicken, romaine, tomatoes, croutons, parmesan, Caesar dressing, served with fries

BAJA WRAP \$26

Tempura battered fish, lime-marinated slaw, queso fresco, chipotle ranch dressing, served with fries

SMASH BURGERS

Served with fries

CLASSIC CHEESE SMASHBURGER \$20

Double beef patties, cheese, topped w/ lettuce, tomatoes, pickles, onions, with mayo and mustard (Add bacon for \$4)

BACON BLUE CHEESE BURGER \$25

Double beef patties, topped w/ blue cheese crumbles, bacon, crispy fried onions, tomatoes & blue cheese dressing

MUSHROOM SWISS BURGER \$25

Double beef patties, topped w/ Swiss cheese, fresh mushrooms, sautéed onions, tomatoes, lettuce & spicy mayo

BBQ CHEDDAR BURGER \$26

Double beef patties, cheddar cheese, crispy bacon, BBQ sauce, fresh slaw, pickles & crispy fried onions

SPICY JALAPENO BURGER 🌶️ \$28

Triple beef patties, provolone cheese, roasted jalapeño salsa, fried jalapeños & chili-honey glaze

TEX MEX

QUESADILLA VG Veggie \$18 Chicken/Beef \$20 Shrimp \$24

Flour tortilla stuffed with cheese, caramelized onions & bell peppers, served w/ sour cream

CHIMICHANGA Chicken/Beef \$23 Shrimp \$27

Fried burrito stuffed with rice, pico de Gallo, cheese, beans and topped w/ queso sauce

NACHOS VG Veggie \$20 Chicken/Beef \$24 Shrimp \$28

Topped w/ beans, pico de gallo, jalapeños, queso, sour cream & salsa

TEX-MEX TACOS \$20

Ground beef, lettuce, queso fresco, pico de Gallo, chipotle mayo on crispy shells, served w/ refried beans & jalapeños

SEAFOOD TACOS Shrimp \$25 Lobster* \$27

Crispy tacos, grilled with hogao sauce, topped with fresh lime slaw, queso fresco, and refried beans & jalapeños

BAJA FISH TACOS \$25

Tempura battered fish, lettuce, queso fresco, pico de Gallo, chipotle mayo, served on crispy shells, and refried beans & jalapeños

Legend :



Spicy

VG

Vegetarian



/SANDBARBEACHFRONTHOSTELANDRESTAURANT



@SANDBARHOSTELSANPEDRO

7 BOCA DEL RIO BEACHFRONT 501-226-2008 SANDBARHOSTEL.COM

SUBS & SANDWICHES

Served with fries, coleslaw, pasta salad or sub garden salad + \$3

THE CLUB SUB Turkey, ham, bacon, fried egg, American cheese, lettuce, tomatoes, onions, mayo & mustard	\$23
ITALIAN SUB Pepperoni, Genoa salami, ham, provolone, lettuce, tomatoes, onions, banana peppers, salt & pepper, mayo, vinaigrette, balsamic reduction & parmesan	\$25
TURKEY BACON SUB Turkey, bacon, provolone, ranch, lettuce, tomatoes & onions	\$25
STEAK SUB Flank steak, provolone cheese, caramelized onions, with Sandbar signature steak sauce	\$26
CHICKEN PARMESAN SANDWICH Deep-fried chicken breast, Italian bread-crumbs & panko, homemade marinara, melted provolone & parmesan	\$22
CHICKEN SANDWICH Grilled or golden-fried chicken, lettuce, tomatoes, onions & pickles Try it with Buffalo or Sweet & spicy sauce! (Add cheese for \$3)	\$20
BLACKENED FISH SANDWICH Fish fillet, blackened with unbeatable seasoning, topped w/lettuce, tomatoes & homemade aioli spread	\$27
MEATBALL SUB Meatballs, marinara, provolone, parmesan & fresh basil	\$22

PIZZAS

CHEESE <small>VG</small> Tomato sauce and mozzarella	14" \$25 18" \$48
PEPPERONI Classic pepperoni pizza with mozzarella & tomato sauce	14" \$30 18" \$50
MARGHERITA <small>VG</small> Fresh tomatoes, mozzarella, tomato sauce, garlic & fresh basil	14" \$30 18" \$55
MEAT LOVERS Pepperoni, Italian sausage, bacon, tomato sauce & mozzarella	14" \$33 18" \$58
VEGGIE LOVERS <small>VG</small> Mushrooms, olives, bell peppers, tomatoes, onions, goat cheese, tomato sauce & mozzarella	14" \$35 18" \$60
HAWAIIAN Ham, pineapple, tomato sauce & mozzarella	14" \$32 18" \$55
SPINACH ARTICHOKE <small>VG</small> Spinach, artichoke, mushrooms, alfredo sauce & mozzarella	14" \$33 18" \$55
SUPREME Pepperoni, Italian sausage, olives, bell peppers, onions, fresh tomatoes, tomato sauce & mozzarella	14" \$38 18" \$65
VEGAN <small>VG</small> Roasted red pepper hummus & grilled seasonal veggies	14" \$30 18" \$50
PINEAPPLE EXPRESS 🍍 Sweet and savory teriyaki sauce, bacon, pineapple, jalapenos & crushed peppers	14" \$35 18" \$58
BBQ CHICKEN Grilled chicken, red onions, cheddar & mozzarella, BBQ sauce & cilantro	14" \$32 18" \$55
SHRIMP OR LOBSTER* Garlic butter, tomatoes, onions, mozzarella & fresh basil <i>*Seasonal</i>	14" \$38 18" \$65
DIABLO PIZZA 🍌 Hogao sauce topped w/ marinated try tip, pickled jalapeños, marinara sauce & habanero simple syrup	14" \$38 18" \$65
TACO PIZZA Refried bean base, ground-beef, lettuce, pico de Gallo, cheddar & mozzarella, drizzled w/ sour cream	14" \$33 18" \$55
CHICKEN ALFREDO Alfredo sauce, topped with grilled chicken, mozzarella & spinach	14" \$33 18" \$55
MEATBALL PIZZA Meatballs, mozzarella, and provolone	14" \$30 18" \$50
BACON BLUE PIZZA Bacon, caramelized onions, blue cheese, and apples	14" \$35 18" \$60

PASTAS

Served with garlic bread / *Gluten free noodles + \$2

SPAGHETTI <small>VG</small>	Meatball \$25 Marinara \$20 Bolognese \$24
CAJUN FETTUCCINE ALFREDO 🍌	Chicken \$25 Shrimp \$29
LASAGNA Classic homemade lasagna	\$22
PESTO <small>VG</small> Rigatoni with pesto, cauliflower, zucchini, and sundried tomatoes	\$25
CHICKEN PARMESAN Lightly breaded chicken with marinara and mozzarella, served over spaghetti	\$25
SEAFOOD PASTA Seasonal seafood in a white wine sauce with roasted red peppers and onions	\$32
CHICKEN RIGI Rigatoni in a spicy vodka sauce with grilled chicken, basil, and parmesan	\$25
PASTA DI VINCI Roasted mushroom madeira sauce with cherry tomatoes, cream, and grilled chicken	\$28
PASTA TRIO Chicken parmesan, fettuccine Alfredo, and a slice of lasagna <i>Dine-in only</i>	\$36

FAVORITES

COCONUT SHRIMP	\$27
Sautéed shrimp in a special coconut sauce with seasonal veggies, served over steamed white rice	
FISH FILET	\$27
Pan-seared fish filet with chipotle pineapple glaze, served on sautéed seasonal veggies & chimichurri rice	
JERK CHICKEN 🍌	\$22
Quarter chicken with pineapple salsa, rice and beans, and coleslaw	
GRILLED CHICKEN	\$23
With orange mojo sauce, brown rice, and green beans	

ASIAN

MONGOLIAN BEEF 🍌	\$26
With egg noodles, green onions, and Arbol peppers	
SESAME CHICKEN	\$25
Crispy chicken in sweet and savory sauce. Served with white or brown rice	
THAI CURRY	\$24
Red Thai curry with chicken, green beans & cauliflower, served with white or brown rice <i>Sub shrimp + \$4</i>	
PAD THAI	\$25
Wide rice noodles with chicken, egg, green onion, bean sprouts, peanuts, and tamarind sauce <i>Sub shrimp or steak + \$4</i>	
CHOW MEIN	\$19
Egg noodles, sauteed onions, bell peppers, cabbage, carrots w/ oyster sauce & soy sauce <i>Add chicken + \$4</i> <i>Add shrimp or steak + \$6</i>	
FRIED RICE	\$20
Fried eggs, cabbage, celery, onions, carrots, soy sauce, sriracha <i>Add chicken + \$4</i> <i>Add shrimp or steak + \$6</i>	
SWEET & SOUR	\$23
Sweet & sour sauce, chicken, pineapple, onions, bell peppers and ginger <i>Sub shrimp + \$4</i>	
KUNG PAO 🍌	\$25
Water chestnuts, chicken, snapped peas, bell peppers served with white rice <i>Sub shrimp + \$4</i>	

FRIED CHICKEN

2-PIECE MEAL	\$21
Dark or white meat, with 2 sides	
8-PIECE BUCKET	\$35
8-piece bucket (dark and white meat combo)	
FAMILY BUCKET	\$60
8-piece bucket (dark & white meat combo, 3 sides of your choice, 1.5 liter Coke or Sprite	

SIDES

FRENCH FRIES	\$8
MASH & GRAVY	\$8
PASTA SALAD	\$8
COLESLAW	\$8
MAC & CHEESE	\$8
SPANISH RICE	\$8
GREEN BEANS	\$8

DESSERTS

CINNAMON STICKS	\$17
Glazed with cinnamon and sugar, topped with sweet icing	
CHEESECAKE	\$16
Homemade cheesecake with berries coulis & mint	
CARROT CAKE	\$16
Spiced cake with cream cheese frosting	
12-LAYERS CHOCOLATE CAKE	\$16
Chocolate cake with ganache and chocolate frosting	
MARGARITA COLD CAKE	\$14
Tequila custard with Maria biscuits, peaches & lime	

ALL PRICES ARE IN BELIZE DOLLARS AND INCLUDES GST

Daily Special

MONDAY

SHEPHERD'S PIE

Seasoned ground beef with onions, carrots, peas in gravy, topped w/ mashed potatoes

\$25

TACO TUESDAY

TACO TUESDAY

20 tacos chicken or beef & bucket of beer

\$60

WEDNESDAY

SIZZLING FAJITAS

Refried beans, shredded cheese, Spanish rice & flour tortillas

CHICKEN \$25 STEAK \$30

THURSDAY

ENCHILADAS

Beef or chicken w/ red or green sauce, served w/ Spanish rice and refried beans

\$25

FRIDAY

CHICKEN FRIED STEAK

Served w/ mashed potato, garlic buttered green beans & country gravy

\$30

MON-FRI

11AM-3PM

RICE & BEANS

Stew chicken or stew pork, with coleslaw & plantain

\$15