SAN PEDRO
Sandbar
Beachfront Hostel
EST. 2012
AMBERGRIS CAYE, BELIZE

KITCHEN OPEN
11AM-11:30PM

APPETIZERS

10" GARLIC CHEESE PULL APART BREAD VG — **$20**
With marinara sauce

SHRIMP CEVICHE GF — **$30**
Tomatoes, onions, cilantro, cooked in fresh-squeezed lime juice, fresh corn tortilla chips & habanero
Conch Seasonal

CHEESY FRIES VG — **$18**
Melted cheese, jalapeños & Ranch

DUMPLINGS — **$20**
Pork dumplings, served w/ ginger-soy dipping sauce (8)

CHICKEN TAQUITOS GF — **$17**
Deep-fried taco w/ chicken, cheese, served w/ our Creole sauce, topped with lettuce, pico de gallo, queso fresco

CHEESE STICKS VG — **$20**
Coated in panko breadcrumb batter, golden fried, served w/ marinara sauce

ROASTED RED PEPPER HUMMUS VG — **$20**
Served w/ toasted flatbread, veggie sticks

BUFFALO CHICKEN DIP NEW — **$22**
Cheesy, spicy chicken dip in Buffalo sauce, served w/ corn tortilla chips

TEX-MEX QUESO DIP VG — **$20**
Classic Tex-Mex four cheese served w/ corn tortilla chips

DEEP-FRIED PICKLES VG — **$15**
Served with chipotle Ranch dressing

CHICKEN WINGS — **$1.75 /wing**
Buffalo, BBQ, Pineapple BBQ, Habanero, Habanero-lime, Sweet & Spicy, Ranch, Garlic-butter Buffalo, Garlic-Parmesan or Spicy mango
MINIMUM OF 10 WINGS

GRILLED LEMON PEPPER WINGS — **$22**
12 grilled wings w/ veggie sticks, mustard dipping sauce

JALAPEÑO POPPERS — **$25**
Chicken or shrimp with cream cheese, served with cilantro-aioli or Ranch

CHEF AMY'S EGG ROLLS ♥ — **$18**
Golden fried egg rolls stuffed with chicken, beans, cheese, corn, served w/ cilantro-aioli

STROMBOLIS

Served with fries or sub onion rings + $3

ITALIAN — **$30**
Ham, salami, pepperoni, marinara, parmesan, mozzarella, served with creamy Italian dipping sauce

BBQ CHICKEN — **$27**
Grilled chicken, red onions, cheddar, mozzarella, BBQ sauce, fresh cilantro

CHEESEBURGER — **$27**
Ground beef, ketchup, mustard, Worcestershire, chopped onions, chopped pickles, mozzarella, cheddar, served with tangy mustard dipping sauce

TURKEY — **$30**
Turkey breast, roasted bell pepper, provolone cheese, chipotle ranch

DEEP-FRIED

Served with fries or sub onion rings + $3

CHICKEN FINGERS — **$21**
Golden-fried strips of chicken, served with homemade tangy mustard dipping sauce

POPCORN SHRIMP — **$28**
Shrimp lightly battered and golden-fried, served with homemade tartar sauce

FISH & CHIPS — **$30**
Fresh fish fillet coated in tempura and golden-fried, served with homemade tartar sauce, fresh lime

BUFFALO BITES — **$21**
These bites don't have those pesky bones to slow you down! Try with sweet & spicy sauce!

Kid'S MeNu

$12

KIDDO PIZZA
Cheese or pepperoni
CHICKEN FINGERS & FRIES
SPAGHETTI BOLOGNESE

SALADS & WRAPS

CAESAR SALAD VG — **$20**
Romaine, tomatoes, croutons, parmesan, Caesar dressing
Add chicken ($4) Add shrimp ($6) Add fish ($7)

GREEK SALAD VG GF — **$20**
Tomatoes, onions, cucumbers, black olives, feta, vinaigrette
Add chicken ($4) Add shrimp ($6) Add fish ($7)

ISLAND HARVEST SALAD GF NEW — **$28**
Marinated grilled chicken, lettuce, tomato, red onion, cashews, apples, roasted beets, pickled onions, creamy vinaigrette

TACO SALAD — **$28**
Tex-Mex ground beef, refried beans, lettuce, tomatoes, onions, homemade crispy tortilla bowl, cheddar, sour cream

QUINOA SALAD VG GF NEW — **$27**
Chickpeas, cucumbers, red onion, feta cheese, fresh parsley, roasted beets, citrus balsamic dressing
Add chicken ($4) Add shrimp ($6) Add fish ($7)

GARDEN SALAD VG GF — **$20**
Lettuce, onions, purple cabbage, tomatoes, cucumbers, creamy Italian dressing
Add chicken ($4) Add shrimp ($6) Add fish ($7)

SUMMER SALAD GF — **$28**
Cajun grilled shrimp, strawberries, lettuce, basil, candied almonds, goat cheese

FRIED CHICKEN CLUB SALAD — **$27**
Ham, hard-boiled egg, lettuce, tomatoes, cucumbers, cheddar, Ranch

BROCCOLI SALAD NEW — **$26**
Cranberries, sharp cheddar cheese, almonds, bacon bits, red onions, creamy vinaigrette

SANTA FE SALAD GF — **$26**
Lime-marinated chicken, mixed greens, corn, black beans, cheese, red onions, tomatoes, tortilla strips, cilantro aioli

BUFFALO CHICKEN WRAP — **$21**
Deep-fried chicken strips, lettuce, tomatoes, Ranch or blue cheese dressing, served with fries or sub onion rings + $3

CHICKEN CAESAR WRAP — **$23**
Grilled chicken, romaine, tomatoes, croutons, parmesan, Caesar dressing, served with fries or sub onion rings + $3

BAJA WRAP — **$27**
Tempura battered fish, fresh lime slaw, queso fresco, chipotle Ranch dressing, served with fries or sub onion rings + $3

SANTA FE WRAP NEW — **$23**
Marinated grilled chicken, mixed greens, corn, red onion, black beans, cilantro aioli, served with fries or sub onion rings + $3

SMASH BURGERS

Served with fries or sub onion rings + $3

CLASSIC CHEESE SMASHBURGER — **$25**
Double beef patties, cheese, lettuce, tomatoes, pickles, onions, w/ mayo & mustard (Add bacon for $4)

MUSHROOM SWISS BURGER — **$28**
Double beef patties, topped w/ Swiss cheese, fresh mushrooms, sautéed onions, tomatoes, lettuce, spicy mayo

BBQ CHEDDAR BURGER — **$30**
Double beef patties, cheddar cheese, crispy bacon, BBQ sauce, fresh slaw, pickles & crispy fried onions

SPICY JALAPEÑO BURGER — **$30**
Double beef patties, provolone cheese, roasted jalapeño salsa, fried jalapeños & chili-honey glaze

HAWAIIAN SMASH BURGER NEW — **$30**
Double beef patties, grilled pineapple, ham, teriyaki sauce, provolone cheese

TEX MEX

QUESADILLA VG — **Veggie $20 Chicken/Beef $22 Shrimp $26**
Flour tortilla stuffed w/ cheese, caramelized onions, bell peppers, served w/ sour cream

CHIMICHANGA — **Chicken/Beef $23 Shrimp $27**
Fried burrito stuffed with rice, pico de gallo, cheese, beans, topped w/ cheese

NACHOS VG — **Veggie $20 Chicken/Beef $24 Shrimp $28**
Topped w/ beans, pico de gallo, jalapeños, queso, sour cream & salsa

TEX-MEX TACOS (4) GF — **$22**
Ground beef, lettuce, queso fresco, pico de gallo, chipotle mayo on crispy shells

SHRIMP TACOS (4) GF — **$27**
Crispy tacos, spicy hogao sauce, fresh lime slaw, queso fresco

BAJA FISH TACOS (4) — **$27**
Tempura battered fish, Chipotle mayo, fresh lime slaw, cilantro, queso fresco, made to order on soft shell tacos

/SANDBARBEACHFRONTHOSTELANDRESTAURANT @SANDBARHOSTELSANPEDRO
7 BOCA DEL RIO BEACHFRONT 501-226-2008 SANDBARHOSTEL.COM

SUBS & SANDWICHES

Served with fries, coleslaw, pasta salad or sub garden salad or onion rings + $3

THE CLUB SUB — **$25**
Turkey, ham, bacon, fried egg, American cheese, lettuce, tomatoes, onions, mayo, mustard

ITALIAN SUB — **$27**
Pepperoni, Genoa salami, ham, provolone, lettuce, tomatoes, onions, salt & pepper, mayo, vinaigrette, balsamic reduction, Parmesan

TURKEY BACON SUB — **$27**
Turkey, bacon, provolone, ranch, lettuce, tomatoes, onions

STEAK SUB — **$28**
Flank steak, provolone, caramelized onions, SB signature steak sauce

MEATBALL SUB — **$24**
Meatballs, marinara, provolone, parmesan, fresh basil

CHICKEN PARMESAN SUB — **$24**
Deep-fried chicken breast, Italian breadcrumbs & panko, marinara, melted provolone, parmesan

CHICKEN SANDWICH — **$22**
Grilled or golden-fried chicken, lettuce, tomatoes, onions, pickles (Add cheese for $3)

BLACKENED FISH SANDWICH — **$29**
Blackened fish fillet, lettuce, tomatoes, homemade aioli

PIZZAS

Choose between regular thin crust or stuffed-crust (+ $10)

CHEESE VG — **14" $30 18" $50**
Tomato sauce, mozzarella

PEPPERONI — **14" $35 18" $60**
Pepperoni, mozzarella, tomato sauce

MARGHERITA VG — **14" $38 18" $65**
Fresh tomatoes, mozzarella, tomato sauce, garlic, fresh basil

MEAT LOVER'S — **14" $44 18" $70**
Pepperoni, Italian sausage, bacon, tomato sauce, mozzarella

VEGGIE LOVER'S VG — **14" $44 18" $70**
Mushrooms, olives, bell peppers, tomatoes, onions, goat cheese, tomato sauce, mozzarella

HAWAIIAN — **14" $38 18" $65**
Ham, pineapple, tomato sauce, mozzarella

SPINACH ARTICHOKE VG — **14" $38 18" $65**
Spinach, artichoke, mushrooms, alfredo sauce, mozzarella

SUPREME — **14" $45 18" $75**
Pepperoni, Italian sausage, olives, bell peppers, onions, fresh tomatoes, tomato sauce, mozzarella

VEGAN VG — **14" $35 18" $60**
Roasted red pepper hummus, grilled veggies

BBQ CHICKEN — **14" $38 18" $65**
Grilled chicken, red onions, cheddar, mozzarella, BBQ sauce, cilantro

SHRIMP PIZZA — **14" $45 18" $75**
Garlic butter, tomatoes, onions, mozzarella, fresh basil

MEATBALL PIZZA — **14" $38 18" $65**
Meatballs, tomato sauce, mozzarella, provolone, fresh basil

FRIED CHICKEN

2-PIECE MEAL — **$23**
Dark or white meat, 2 sides of your choice

8-PIECE BUCKET — **$40**
8-piece bucket (dark and white meat combo)

FAMILY BUCKET — **$65**
8-piece bucket (dark & white meat combo), 2 sides of your choice, biscuits, 1.5 liter Coke or Sprite

SIDES

FRENCH FRIES	$8	STEAMED RICE	$8
MASH & GRAVY	$8	GREEN BEANS	$8
PASTA SALAD	$8	GREEN SALAD	$8
COLESLAW	$8	ONION RINGS	$8
MAC & CHEESE	$8	STEAMED VEGGIES	$8

ASIAN

MONGOLIAN BEEF — **$28**
With egg noodles, green onions, arbol peppers

SESAME CHICKEN GF — **$25**
Crispy chicken in sweet and savory sauce, white or brown rice

THAI CURRY GF — **$24**
Red Thai curry with chicken, green beans, colored bell peppers, white or brown rice
Sub shrimp + $4

PAD THAI GF — **$25**
Wide rice noodles with chicken, egg, green onion, bean sprouts, peanuts, tamarind sauce
Sub shrimp or steak + $4

CHOW MEIN — **$20**
Egg noodles, sautéed onions, bell peppers, cabbage, carrots, oyster sauce, soy sauce
Add chicken + $4 / Add shrimp or steak + $7

FRIED RICE — **$20**
Fried eggs, cabbage, celery, onions, carrots, soy sauce, sriracha
Add chicken + $4 / Add shrimp or steak + $7

SWEET & SOUR GF — **$25**
Sweet & Sour sauce, chicken, pineapple, onions, bell peppers, ginger
Sub shrimp + $4

KUNG PAO — **$25**
Water chestnuts, chicken, snap peas, bell peppers, white rice
Sub shrimp + $4

GENERAL TSO NEW — **$25**
Tangy sweet & spicy sauce, lightly fried, sautéed in garlic, ginger, green onions
Sub shrimp + $4

PASTAS

*Served with garlic bread / *Gluten free noodles + $2*

SPAGHETTI — **Meatball $27 Marinara $22 Bolognese $26**

CAJUN FETTUCCINE ALFREDO — **Chicken $27 Shrimp $31**

LASAGNA — **$24**

CHICKEN PARMESAN — **$27**
Lightly breaded chicken w/ marinara, mozzarella, served over spaghetti

FAVORITES

MARIO'S COCONUT SHRIMP GF ♥ — **$29**
Sautéed shrimp in our lovely coconut sauce, w/ seasonal veggies, over steamed rice
In memory of Chef Mario Tosta

FISH FILLET GF — **$29**
Pan-seared fish fillet, w/ chipotle pineapple glaze, sautéed veggies, chimichurri rice

JERK CHICKEN GF — **$24**
Quarter chicken, pineapple salsa, rice & beans, coleslaw
30 MINUTES COOK TIME

TERIYAKI CHICKEN GF — **$25**
With pineapple salsa, brown rice, green beans

DESSERTS

CINNAMON STICKS — **$17**
Glazed with cinnamon-sugar, topped with sweet icing

CHEESECAKE — **$16**
Homemade cheesecake with choice of strawberry, crème brûlée or Nutella

CARROT CAKE — **$16**
Spiced cake with cream cheese frosting

CHOCOLATE CAKE GF — **$15**
Double dark chocolate flourless cake, topped with fresh strawberries, powdered sugar

Daily Special

MONDAY
BBQ PLATTER NEW
Ribs, chicken, sausage, tortillas, Mac & Cheese, coleslaw, fries, pickled onions
Large $80 / Small $50

TACO TUESDAY
TACO TUESDAY
20 tacos chicken or beef & bucket of beer
$60

WEDNESDAY
SIZZLING FAJITAS
Spanish rice, shredded cheese, sour cream & flour tortillas
CHICKEN $25
STEAK $30

THURSDAY
ENCHILADAS
Beef or chicken, red or green sauce, Spanish rice & refried beans
$25

FRIDAY
CHICKEN FRIED STEAK
Mashed potatoes, garlic buttered green beans, country gravy
$30

MON-FRI
11AM-3PM
RICE & BEANS
Stew chicken, coleslaw, plantains, onion sauce
$15

ALL PRICES ARE IN BELIZE DOLLARS AND INCLUDES GST
18% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE